

**'There is a lot of experience among the residents but the skills we have developed in our lives are completely wasted. There are a lot of things that residents could share if given an opportunity.'**

### **Our aims are:**

- Supporting residents and relatives to be involved in decisions affecting their care and well-being
- Negotiating individual rights and risks to optimise quality of life

[www.myhomelife.org.uk](http://www.myhomelife.org.uk)